



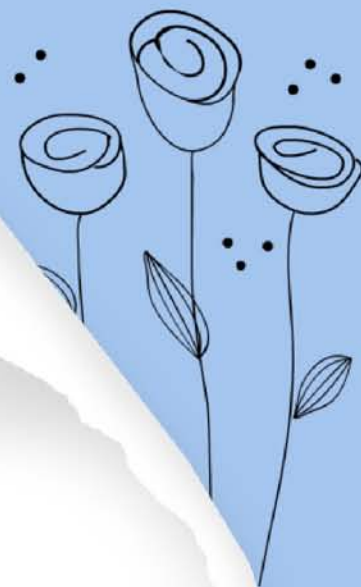
Cognitio College (HK)

# A trip to better English





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# Preface

As another school year comes and goes, we always have a lot of activities to remember and cherish. This school year was no different and we had another amazing year filled with fun activities. This year our school celebrated its 55th anniversary with an Open Day that will be remembered for a long time. There were activities taking place all around the school and performances and awards being given on stage in the hall. It was an amazing time and we hope that you will enjoy looking back at what was a big highlight of the year along with all of the other fun activities as well from the back at what a great 2017-2018 school year.

In this issue you will see that the English Society had held a lot of English activities such as:

- Halloween Games Day
- Fruit Day
- Ice Cream Café
- Penmanship Competition
- Speech Festival
- P5 Chocolate Brownie Making

There were also many other activities that took place around the school and some of those activities were:

- Teachers-vs-Students Basketball Competition
- Christmas Talent Show
- Talent Quest
- Open Day
- Sports Day

We hope that you will be able to feel the fun and excitement that we have every year through the Cognitio College (HK) Magazine and feel free to help us with your writings and contributions for future issues.

Thank you!



# Ice Cream Café



Ice Cream Café is always a very fun day at Cognitio College. Students love ice cream so much but they have to show that they love English too. This year was a record turnout as almost 500 ice cream cups were handed out. Even some of the teachers played the games to get a free ice cream.



*On a hot day everyone wants to play*



*Seems more fun with ice cream rewards*

## S1 STORY TELLING

To help to encourage students to read more, our NET teacher, Jeff went into S1 classes to read stories to them. As many students may not have read many English books, it's important to try to show the students that reading is fun and that there are many books in our school library that suit their level. We should all read as much as possible.



*Fairy tales are interesting!*





# Fruit Day

Fruit Day is an annual event that promotes diet awareness and helps students to get an added serving of fruit into their daily diet on that day. All of the students were given fruit and taught a bit more about some special fruits.

This event was sponsored by the Parent-Teacher Association. Here we can see lots of students playing games in order to win prizes. Our English teachers helped to make some great games for all of the students to play during their break after lunch.



*All the fruit was displayed nicely*



*Miss Hong and Felix were leading the way*



*Jeff and Miss Hong tasted a lot of fruit*



*The ipad games were a success*



*The PTA bought enough bananas for everyone*



# HALLOWEEN GAMES DAY

Halloween is always fun for everyone. This year along with game booths for everyone to play, we also had a photo booth where students could put on costumes and get their pictures taken to keep as a souvenir. There were lots of games and of course when it's Halloween, you have to eat lots of candy.



S6 girls want to cherish their last Halloween

One scary and one almost scary



HELP!



# English Musicals

## THE WIZARD OF OZ



Ms. Pak, Ms. Lau and Jeff took some students from 1C and 2C to watch the long time classic musical 'The Wizard of Oz' at SKH Li Fook Hing Secondary School. The school put on a wonderful performance and everyone was on the edge of their seats watching. Many students asked questions after the play to find out more about the story.

## The Good Bet

Ms. Au and Jeff took students from S5 to watch a school musical entitled 'The Good Bet' and it was written by Cheong Gene Hong College's long time NET and has been performed for several years.

The story was set in the 1950's where two groups of students made a bet as to which singer was the best, Billy Holiday or Buddy Holly. The story ended with the teams having a dance off to see who was the winner.

Even the previous NET of the school did a dance performance in the audience.

The advantages of going to watch plays and musicals at other schools are to see how other schools are creating fun things for their students to participate in and to raise cultural awareness of the art which may in turn raise a possible interest for students to want to take up the arts later in life.

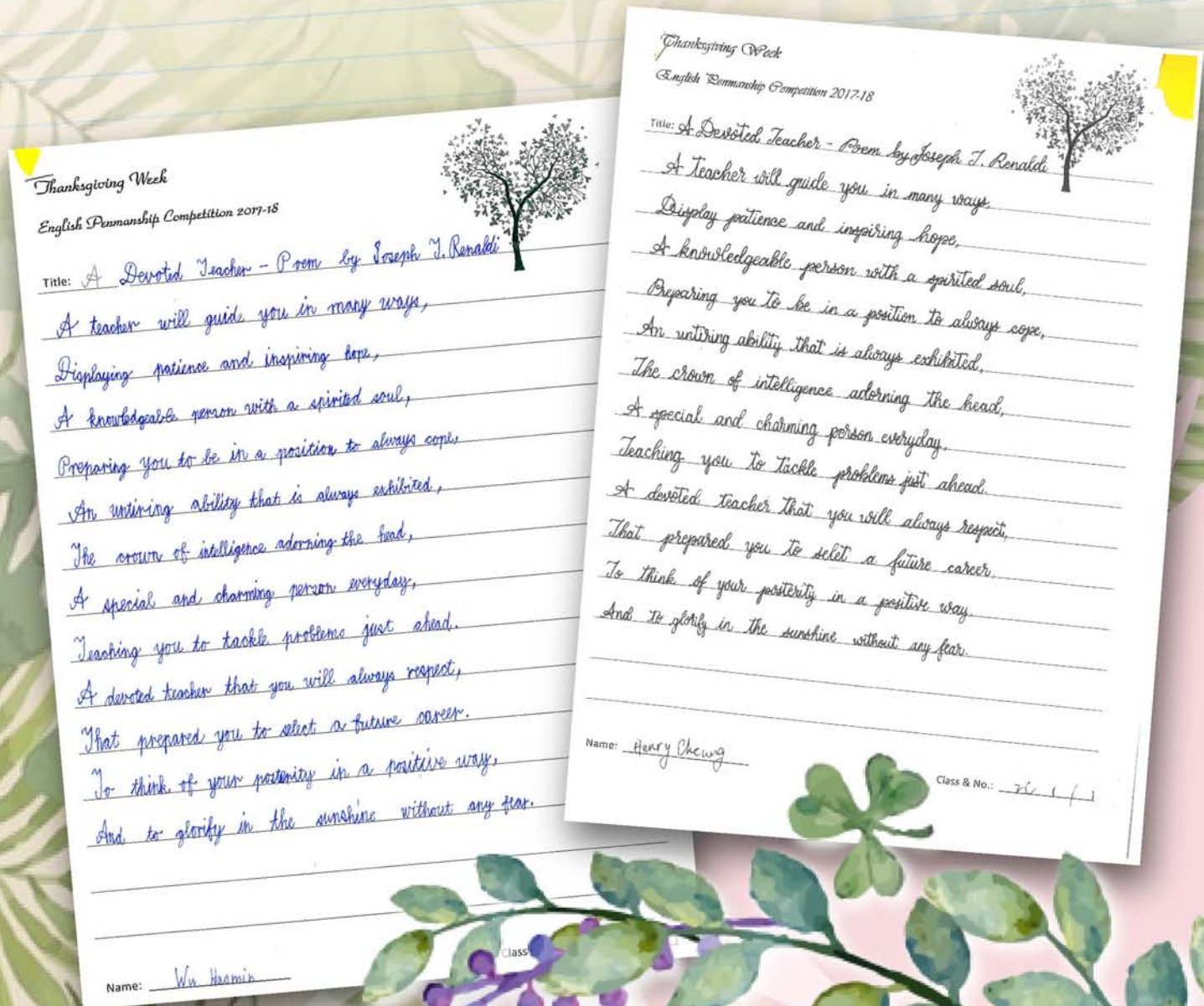




# Penmanship Competition

Writing is such an important skill that is beginning to fade away into the past as we become more and more relying upon technology to do everything for us.

This competition is a wonderful way to preserve the art of writing beautifully and many students joined and wrote amazing pieces. We hope that even more students will join in the future to showcase their wonderful writing abilities.





# P5 SCHOOL



# VISIT AND CHOCOLATE BROWNIE MAKING



*Raise your hand if you love brownies*

Every year primary students come to visit Cognitio College (HK) and this year we made chocolate brownies together as a fun activity. Everyone seemed to enjoy it very much.



*Teamwork is always good*



*Just put them into this magic box and finished*



*Chocolate makes Jeff's eyes pop out*



*They look happy and concentrated*

*This is the best class of the whole year*





# Sports Day

Sports Day is always almost every student's favourite day of the school year as everyone gets to compete and cheer with one another. Everyone actually learns a lot about one's own ability and the importance of regular exercise during sports day.

*Olympians and educators come together*



*I believe I can fly in the long jump*



*Put your hands up if you're happy.*



*Ricky makes it look easy*



*I believe I can touch the sky in the shot putt*





# Christmas Talent Show

Every year Cognitio College (HK) has a wonderful Christmas celebration with a talent show that is a precursor for the end of the year Talent Quest. It is always a fun time as Christmas is a time for giving and the students and teachers give a lot of love during this time of the year.

Chloe shows great spirit



Louis always loves singing



Phillip is really called 'Lang Lang'



# Talent

## Quest

At the end of every year there is a talent show for students to showcase their hidden talents and to show the world what they have been working on so hard all year. It takes a lot of courage to get on stage and to perform so everyone is a winner.



*This was a surprise song and dance*



*Paul is an up and coming beatbox champ*



# TRIP TO *Fujian*



This year we had an amazing opportunity to have three of our teachers visit Fujian for a teaching exchange development.

It is always important for teachers to continue to learn just as it is important for students to continue to learn. Exchanging ideas and methods with other professionals is a wonderful and exciting way for teachers to do this. This year our English teachers Ms. Rebecca Chan, Mr. Jeff Welch and Mr. Fung Chi Kong visited an amazing middle school in Fujian.

石狮  
石光中学

东港路  
2

*Everyone wanted to take photos with us*



*Jeff was trying his best to keep them listening*

*Ms. Chan was showing her skills*



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*These were all of the wonderful English teachers*





# Teachers-vs-Students Basketball Competition

Every year there is a competition to pit the teachers against the students in a friendly game of basketball. Every year the teachers end up showing the students that they need to get bigger, stronger and smarter in order to beat the teachers. We hope as teachers that the students can become strong basketball players someday. But until that happens we will continue to bask in our glow of winning every year.







*The English room was decorated with a  
'walk through the history of Hong Kong' theme*

# OPEN DAY

As the 55th Anniversary was here, we had to celebrate it in the best way we could and this meant to deck out the entire school with activities and games for everyone to play and watch. Each room had a theme with learning games for guests to play and later in the day there were performances and awards. Can't wait until the 60th Anniversary!



*A game to make you hungry*



*An all time classic game*



*You needed to bowl and read headlines*





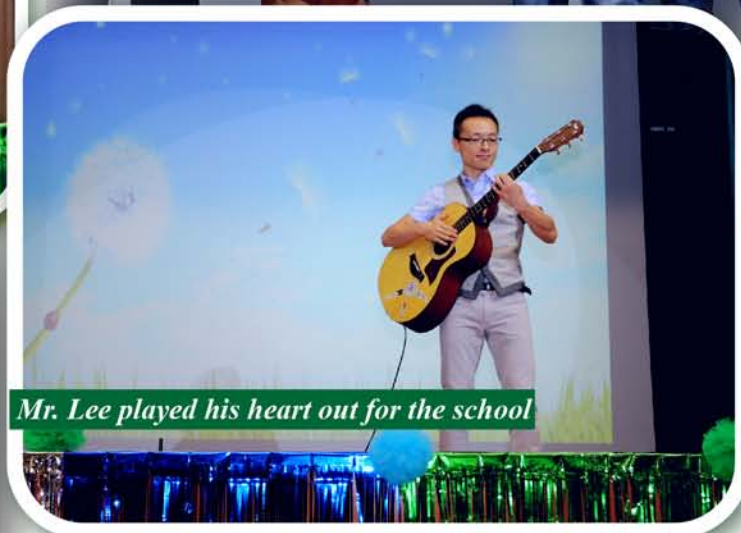
*I wonder what is this going to say?*



*Even special guests get involved*



*A Kung-fu performance*



*Mr. Lee played his heart out for the school*



*A nice dance performance by students*



*The crowd shows their appreciation*



# Social Media

S4 Leung Kong Wai, Eric

Nowadays, the rise of communication technologies has become better than ever for young people to stay in touch with friends and family members. But there is a dark side in this connection as well. You can meet strangers around the world, so it is not safe for you to post your personal information on the Internet.

To begin with, social media is becoming more and more popular, such as Facebook, Whatsapp and Twitter. Therefore, many people, especially teenagers use social media to communicate with their friends. Why do they use social media constantly? One of the reasons is that it is convenient to use social media to chat with friends. Another reason is because teenagers can be easily influenced by peers. For instance, if a friend of a teenager always uses social media, he or she will also do the same thing. It is regarded as conformity. Those are the reasons that make teenagers always use social media.

Furthermore, many teenagers love posting their selfies on social media websites. They take photos themselves and try to make the photos look more beautiful, and then post them on social media. The purpose of teenagers posting selfies is that they want to get appreciation from others and get as many 'likes' as they can. Moreover, teenagers not only post their selfies on social media, they also post their personal information on these websites. In order to add more friends on the Internet, they may post their personal information, such as address, contact number and email address.

Considering the views above, it may cause many dangerous problems if teenagers keep posting these things on the Internet. First, posting personal information is not the best way to get more friends via the Internet, because your personal information will be disclosed if there is a privacy leakage on the Internet. Also, there is some information which is really important for us, such as credit card numbers and our ID card number. If this information gets stolen, you may lose your money. On the other hand, I think posting selfies on social media to get appreciation from others is not worth it for them, because some teenagers post their selfies and get laughed at by their friends. Their friends may think the photo is not real or it is disgusting, so they may try to humiliate and tease the posters. The victims will feel frustrated and have lower self-esteem, and they are afraid of facing their friends or others. Thus, I think posting selfies is not a sensible way to get appreciation from others.

Therefore, I am going to give some suggestions to teenagers on using social media. In my opinion, teenagers may set their account as private and do not let strangers friend them. If your friends or others intimidate or humiliate you via social media, you have to block and unfriend them, so they won't disturb you anymore. If you feel frustrated and not well after getting bullied by Internet users, you can seek help from social workers and parents. They may help you and give you advice. However, try not to post too much information on the Internet as the information is important and there is a risk that people may steal your information for illegal use.

Last but not least, social media is convenient and really useful, but we should use it properly. If you have any problems on using social media, you can ask your teachers for help.



# What went wrong?

S4 Wu Ka Tung, Nick

We are all living in this flourishing commercial society with the popularization of technology and science. It's not uncommon that we can see people using mobile phones everywhere. It is ridiculous that their eyes are almost glued on them, especially students.

First and foremost, what is the reason behind this phenomenon? Why are mobile phones so attractive? The sole reason is, in fact, the advancement of social media. Nowadays, using social media is of essential importance in our daily life. There are myriads of social media websites emerging such as Facebook, Instagram and Snapchat etc. Students are likely to use their multiple functions to share their feelings with their friends, families or somebody they added on their social media account. In addition, they also get the latest information or news of their idols in order to follow their updating status.

To commence with, sharing information is one of the phenomenon that students are used to. For girls, they may like to share some news about K pop bands. It is sad but true, if you are enjoying this kind of convenient function of social media, yet no rose without thorns. You may sacrifice your personal information if you are not taking any protection for your account. That means your information that posted on websites may be stolen, for instance, your credit card number, ID card number and phone number etc. Criminals can steal your information to cheat others or start committing a series of crimes if your account is not set as private; then you may become the target to be hacked under surveillance. This can be regarded as a grey area of using the Internet.

Besides, when you are using the social media and searching for information in order to do your homework, you may just copy and paste the information on your homework without acknowledging the owners' permission. You are infringing others' rights of privacy and copyright. You need to be responsible for the consequences of such irresponsible and dangerous behaviour.

All in all, in order to prevent this kind of danger, set your social media account as private is crucial and salient. And you need to check the safety of information and ask for owners' permission to prevent invading others' rights of privacy.



# My Dream School



I always feel tired after having ten lessons a day, so my dream school starts at 9:30a.m. and ends at 3:30p.m. We only have three lessons in the morning and two lessons in the afternoon. We can choose our favourite subjects to learn like PE, Mathematics, Science and Liberal Studies.

S1 Chloe Leung Cho Wun

Besides that, my dream school has a big garden and a lake. Students can help to plant many kinds of flowers around the modern buildings. If I want to have a rest, I can lie on the grass, listen to music by the lake or look out the windows to admire the flowers in the garden.

I hope my classmates are friendly and helpful. I surely will be friendly to everyone and help them solve problems. And I hope my teachers are knowledgeable. They can also tell us jokes. It will be fun to have lessons in school.

We do not use books to learn. We use iPads to learn all subjects. I think it will be more interesting and vivid in understanding the subject matter.

We do not have to worry about exams, because teachers do not use scores to measure a person's ability. And we do not have to worry about making mistakes as our teachers will not punish us. They are very caring and gentle.

I love my dream school. It can help to cultivate talented students.

## If I were...

S2 Wang Ching Ying

If I were to be something, I would like to be a ball pen. I'm not an old-style ball pen, so I don't have a cap. (I'm lucky I don't have it because people always lose it after using a pen. As a result, the ink will soon be dried out. Then, the pen will either be thrown away or heated with fire to melt the dried ink ... oh my god ... that's terrible ... just imagine your head gets burnt and melts ... Anyway, if my owner wants to use me, he only needs to twist my upper body a bit. That's it.)

If I were to be a pen, I would like to be a blue one because this is a cool and calming color that symbolizes strength and wisdom. I would never want to be a red one. Do you know why? Teachers always bully them. Whenever they are marking quizzes, tests, and exam papers, they use a red ball pen. You can feel their anger easily as they are holding you more and more tightly. Sometimes, they will be so angry that they banged the desk with the red pen ... That ... would be a torture to the pen ... but it isn't the red pen's fault, is it?

Anyway, being a blue ball pen is good because I could move on paper like skating on the ice. If a child uses me, I can glide in different shapes on the paper and can do freestyle. If an adult, I can glide on every single line beautifully.





# A week without

S3 Tony Lo Yiu Nam

7th January 2018 (Friday)

In this term, I did not study well for my exam and I got a very bad result. That was why my mum was very angry and took away my smartphone.

I have been thinking the whole week. If I had studied well for my exam, my mum would not have taken away my mobile phone. I felt very bored. I always text my friends and watch videos on YouTube when I have my phone. However, this week I could only watch TV. In the past, when I was doing my homework, I usually searched some information on the Internet. But these days, I could only ask my mum and dad to help me.

At weekend, I like playing online games on my phone. I think that online games could help me release my stress from my studies. Without my smartphone these days, I could not do a lot of things. I felt so helpless. I realized that the smartphone is a necessity for me. Without my smartphone, I felt that it was very inconvenient.

My friends told me that some of their families never talked to each other when they were having meals as they all focused on their smartphones and I think that is very scary. Smartphones provide people an excuse that they do not need to communicate with others face to face. After my mum had taken away my smartphone, I chatted with my family members more when we were having dinner. This has improved our relationship.

During the whole week, I learnt a lot without using my smartphone. For example, I learnt that face-to-face communication is very important for a family and for the society. Otherwise, human relationships will become so distant. I think I have to thank my mum for not letting me use my smartphone for a week. I will communicate with my friends and family more in the future instead of relying too much on my phone.







Cognitio College (HK) 文理書院(香港)  
Address: 4 Sui Man Road, Chai Wan, H.K.  
Tel: 2556 7413 Fax: 2897 7177  
E-mail: [cognitiohk@cognitiohk.edu.hk](mailto:cognitiohk@cognitiohk.edu.hk)  
Website: <http://www.cognitiohk.edu.hk>